



Red Sky Surf Hunters:

Camping Breakfast Recipe

One-Pot Camp Chili

Bold, hearty, and perfect for cool coastal nights.

<p>Ingredients:</p>	<ul style="list-style-type: none"> * 1 lb ground beef or turkey * 1 can diced tomatoes * 1 can black or kidney beans (or skip for keto) * 1 packet chili seasoning or DIY mix * 1/2 chopped onion, optional peppers * Shredded cheese & sour cream for topping
<p>Instructions:</p>	<p>Brown meat in your pot, then add onions and cook until tender. Stir in tomatoes, beans, seasoning, and simmer for 15-20 minutes. Top with cheese, sour cream, or jalapeños.</p>
<p>Keto:</p>	<p>Use riced cauliflower instead of beans</p>

