



Red Sky Surf Hunters:

Camping Breakfast Recipe

Foil-Pack Surf & Turf

Simple, savory, and cooked straight in the coals.

Ingredients:	<ul style="list-style-type: none">* 1 small steak (sirloin or ribeye) or sliced sausage* 1 filet of fresh-caught fish (surfperch, halibut, etc.)* Sliced bell peppers, onions, zucchini* Olive oil, salt, pepper, garlic powder* Optional: lemon slices, rosemary sprig
Instructions:	<p>Layer protein and veggies on a sheet of foil. Drizzle with olive oil, season well, and seal tightly. Cook in hot campfire coals for 12-15 minutes. Open carefully and enjoy with a squeeze of lemon.</p>
Keto:	Keto & fresh-catch friendly

