



Red Sky Surf Hunters:

Camping Breakfast Recipe

Campfire Veggie & Egg Skillet. Hot, hearty, and packed with fresh flavor.

Ingredients:

- * 4 eggs (or carton eggs)
- * 1 zucchini, diced
- * 1 small bell pepper, sliced
- * Handful of spinach or kale
- * Olive oil, salt, pepper, garlic powder
- * Optional: Pre-cooked sausage or bacon

Instructions:

Heat a cast-iron pan over your fire. Add olive oil and sauté veggies until tender. Crack the eggs and stir, or cover with foil to cook through. Top with fresh herbs if available.

Keto:

Keto-friendly, garden-read



ONE CAMPSITE, ONE HOOK,
A LIFETIME OF MEMORIES