



Red Sky Surf Hunters:

Camping Breakfast Recipe

Grilled Garden Chicken Wraps (or Bowls)

Light, fresh, and fire-grilled for flavor.

Ingredients:	<ul style="list-style-type: none">* Grilled chicken (pre-cooked or grilled at camp)* Sliced cucumbers, cherry tomatoes, bell peppers* Hummus or cream cheese spread* Spinach or romaine* Wraps (low-carb or whole wheat) or lettuce boats for keto
Instructions:	Layer veggies and chicken into a wrap or bowl. Spread with hummus or cream cheese, then grill the wrap lightly on a pan or foil to seal and warm it. For keto, skip the wrap and build a bowl or lettuce wrap.
Keto:	Keto option, garden-friendly

